



**Mark Your Calendar** Thursday - October 15th, 2020 2:00pm (UAE Time) 3:00pm (PAK Time)

Not All Hours Are Made Equal



What if you could get another hour's work out of your busy day without working any longer or any harder? When you understand how your brain works your work, a couple of simple shifts in how you structure your day and that extra productivity is yours for the taking.

In this engaging, thought provoking and productivity increasing introduction to the MasterClass, peak performance productivity specialist Michael Tipper will;

- **SHOW** you how your brain's hardwiring and neurochemistry work AGAINST you being productive and what you can do about it.
- DEMONSTRATE why trying to multitask is a waste of precious time and what to do instead.
- **EXPLAIN** why you procrastinate and how you can defeat it with a few simple steps.
- GIVE you a 3 step plan you can immediately implement to get more from your day WITHOUT working any harder or longer.

## Who Should Attend

This session is aimed at anyone who leaves their important tasks to the end of the day and are usually too tired to do them. Perfect for busy professionals working from home or the office.

For registration click here: <a href="https://bit.ly/3mrQaGx">https://bit.ly/3mrQaGx</a>

**Productivity Survey** 

Participant will receive productivity survey questions after registration

## **Speaker**

- · 20 years of experience in the people development industry
- Recipient of the "Best New Speaker" award for the Academy of Chief **Executives**
- Author of 7 books including "Finding an Hour a Day How To Free Up An Extra 60 Minutes From Your Busy Day...Every Day", "Memory Power Up" and "Instant Recall"

Michael Tipper is a self-confessed peak performance productivity geek. He hosts the Profit Productivity Podcast tracking his daily efforts to improve his productivity and personal effectiveness and his efforts to help others do the same. It is an enlightening, honest and ongoing account - warts and all - of how he keeps raising his ability to get more done yet still maintain balance in his life.

A past recipient of the "Best New Speaker" award for the Academy of Chief Executives, he is an experienced speaker, trainer, facilitator and coach having spent the last 20 years in the people development industry. He is also the author of 7 books including "Finding An Hour A Day - How To Free Up An Extra 60 Minutes From Your Busy Day...Every Day", "Memory Power Up" (Published by Duncan Baird Publishing) and "Instant Recall" (Published by Watkins Media).

**Michael Tipper** 



For Details & Registration contact

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