

The Power of Positive Attitude

Recognize the importance of attitude that enhances productivity at work



Course Facilitator
Baseer Sami

Key Benefits

- Understand & recognize the **importance** of positive attitude
- Develop a **culture of accountability** to improve work quality
- Improve your **goal achievements** to achieve the desired success
- Develop the ability to **motivate & inspire** others
- Utilize your **inner strengths and enhance tolerance** to face difficulties at work
- Improve team efforts to **handle the negativity** & unhappiness
- Develop **team spirit** & learn to solve conflicts more effectively
- Radiate optimism and **gain respect** amongst your colleagues
- Have a **clear & concise vision** to move ahead in your career
- **Recognize your achievements** and enjoy happiness
- **Stay healthy** with positive attitude



Course Overview

Attitudes drive behavior. By choosing your attitude you get in that mood and send out a message that everyone understands, consciously or unconsciously. It might be positive or a negative attitude depending on your reaction.

This workshop is designed to realign your attitudes, motivate, improve communication, understanding and tolerance between team members from diverse backgrounds. Coordination and trust becomes better. Participants will not only learn the importance of positive thinking but they will also learn the best ways to maintain positive relations with bosses, subordinates, colleagues and customers. This course reveals dynamics of positive thinking and personality development. Appropriate ways to handle negatives in life and at work are also learnt. Participants will learn to accept changes positively and to stay focused on their goals.

A positive attitude leads to happiness and success, thus it can change your whole life. If you look at the bright side of life, your whole life becomes filled with light. This light affects not only you and the way you look at the world, but also your whole environment and the people around you. If it is strong enough, it becomes contagious!!!

Course Outline

- Neutral Thinking vs. Positive Thinking!
- Bringing a change within with motivation
- Ways to develop and maintain positive attitude
- Qualities of a positive person
- Important quality: **DO NOT PANIC** in difficult times!
- Learn the importance of Appreciation and Encouragement
- The best way to provide constructive feedback to team members
- 3 ways to say **NO** positively
- What are negatives in a team and how to handle them
- How to deal with Bosses, sub-ordinates, colleagues positively
- Control your mind, emotions and anger. Be persistent

Who Should Attend

This course is for all those professionals who wish to assemble a top-notch team with positive attitude who are able to see good in every situation and seek harmony in discord at all times. This training can do wonders for improved workplace morale and improved performance.

Register Online www.octara.com

Tel: +92-21-4534261, +92-21-4536315, Cell: 0300-8275351, Fax: 021-4520708, 021-4546639, E-mail: register@octara.com, octara@gmail.com



Course Facilitator Baseer Sami

"Trainer's presentation skills were amazing. It was an interactive session which everyone enjoyed till the end"
SIEMENS, Pakistan

Baseer is an energetic & motivating facilitator, with a knack for generating interest and response in any audience he addresses. With 8 years of extensive training experience, Baseer has made a name for himself in the international and national training fraternity.

He specializes in the study of Human Behaviour and methods of improving personal efficacy. Moreover, he has attended various training workshops for personal development, one of which includes a workshop by

Anthony Robbins, world authority on Leadership Psychology. His work encompasses diverse fields including Customer Services, Positive Attitude, Emotional Intelligence, Selling Strategies, Leadership, Change Management, Conflict Management, Communication Skills and Teamwork.

Baseer has worked as a banker with Merill Lynch and Helios Group in the USA. He has also been a visiting faculty at the city's leading business schools.

He has conducted trainings for around 5000

executives from entry level to middle management to CEOs and Directors in multinationals, banks and local groups. Some of his clients in Pakistan, UAE and Oman include: GlaxoSmithKline, Getzpharma, M'Sharie Group, Dubai Investments Group, KAPCO, Unilever Pakistan, PSO, UBL, National Bank of Oman, Mashreq Bank, Bukhatir Group, Engro, Adamjee Insurance, Engro Foods, Maersk Sealand and SIEMENS.

Baseer Sami is a graduate from Northwestern University.

Workshop Investment

PKR **8,500/-** per participant

10% Group Discount on 2+ nominees

Course material, Octara certificate, lunch, refreshments & business networking

Registration & Payment Options

- E-mail or Fax your nomination(s) to:
E-mail : register@octara.com
 : octara@gmail.com
Fax : 021-4520708, 021-4546639
- Send us your:
Name, Designation, Organization,
mailing address, phone, fax and e-mail
- Send your cheque in favor of
"Octara Private Limited" to:
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Registration Note

Participation will be confirmed subject to receipt of payment.

Octara Cancellation Policy

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The Power of Positive Attitude

This workshop can be customized to suit specific needs of your organization at significant savings. Please contact Muhammad Arif at marif@octara.com or call at 0300-8275091 for more details